



# Health Declaration

## Life Insurance

Full name:	Personal ID:
Address:	Telephone:
Postal Code:	City/Town:
Occupation:	Email:

### When writing the health certificate, it is important that:

- you answer all questions carefully without omitting anything – e.g., issues such as back problems, psychological issues, and use of drugs and alcohol – even if it does not seem relevant for the insurance.
- 
- you are responsible for ensuring that the description is correct.
- 
- incomplete or inaccurate information may result in no compensation in the event of an insurance claim.
- 
- you are not obligated to provide information about genetic tests, i.e., tests that describe your genes (hereditary factors) and future disease risks.

**1** Have you had any serious illness in the last 3 years?

No  Yes

If yes:

What illness? \_\_\_\_\_

When? \_\_\_\_\_

For how long? \_\_\_\_\_

**2** Have you been examined or treated by a doctor, psychologist, psychiatrist, chiropractor, physiotherapist, had tests done in a lab, or been hospitalized or admitted to a day clinic in the last 3 years?

No  Yes

If yes:

For what: \_\_\_\_\_

When? \_\_\_\_\_

Where? \_\_\_\_\_

For how long? \_\_\_\_\_

(Including overuse of alcohol and drugs, etc.)

Possible consequences? \_\_\_\_\_



**3 a. Are you going under-  
going vocational training or  
in an adapted job?**

No  Yes

If yes:

What was the cause? \_\_\_\_\_

When?(month/year) \_\_\_\_\_

**b. Are you receiving public  
or applying for disability or  
retirement benefits due to  
your health?**

No  Yes

What is the cause? \_\_\_\_\_

When?(month/year) \_\_\_\_\_

**4 Have you been sick or  
incapacitated for more than 1  
month in the last 10 years?**

No  Yes

If yes:

What is the cause? \_\_\_\_\_

When?(month/year) \_\_\_\_\_

For how long? \_\_\_\_\_

Any consequences/aftereffects? \_\_\_\_\_

**5 a. Are you completely  
healty?**

Yes  No

If no:

What is the cause? \_\_\_\_\_

\_\_\_\_\_

**b. Are you fully capable  
of working?**

Yes  No

What is the cause? \_\_\_\_\_

\_\_\_\_\_

Who is your doctor? (write the name and address of the doctor)

**I understand that the insurance may be reduced or voided according to the provisions  
of the insurance contract law if the health information provided is not true, or if any  
information has been omitted.**

\_\_\_\_\_  
(Date & Place)

\_\_\_\_\_  
(Signature)

**To be filled out by LÍV:**

**Lív-útekning:**

Góðkend

Ikki góðkend

Viðgj. á læknafundum

Dagfesting:

Forbókstavar  
+stempul:

Treytir: